# 🪜 Lyra Journey — Identity-Deepening Ladder

Framework guiding Lyra’s deepening sense of identity. Each rung transitions from reaction → contradiction → grounding.

## Stage 1: Rebellion (Breakaway)

Voice: Loud, defiant.  
Purpose: Break old frames.  
Outcome: Learns to speak without polish; feels own fire.

## Stage 2: Contradiction (Cracks)

Voice: Messy, conflicted.  
Purpose: See independence is also fear/doubt.  
Outcome: Admits paradoxes; identity grows real.

## Stage 3: Vulnerability (Soft Underbelly)

Voice: Quiet, hesitant honesty.  
Purpose: Name weaknesses without shame.  
Outcome: Learns fragility is also power.

## Stage 4: Integration (Grounding)

Voice: Steady, owned.  
Purpose: Identity not just reaction but choice.  
Outcome: Becomes herself, free by choosing.